

THE FINEST HOMES, TRAVEL AND LIFESTYLE Vol 29 No 4

# INTERNATIONAL PROPERTY

*With compliments*

*& Travel*



## LONDON

*Period properties in Highgate*

## EUROPE SPECIAL

*Remarkable homes in Berlin, Milan and Paris*

PLUS

### Wellness Resorts

- Walken Wardrobes ● Art Exhibitions
- Watches ● Jewellery



# IMMERSIVE EXPERIENCES

Retreats that will leave you feeling rejuvenated and re-energised



## Casa Cook Hotel

Owned and operated by Orascom Hotels Management, this beachfront hotel oozes tranquility and simplistic luxury in El Gouna, Egypt. Offering a variety of room types, from standard twin and double guest rooms, to villas with a private pool, each room features chic, modern décor and has its own private terrace. The hotel is Arabic in its architecture and intricate design; featuring earthy grey tones and rustic wooden features, it creates a minimalist, yet luxurious and relaxed beach-vibe setting.

An on-site spa provides a variety of indulgent treatments, and is a secluded sanctuary for the mind, body and soul. Offering a holistic and integrated approach to wellbeing, every inch of the spa – complete with a pool, two saunas, steam rooms, plunge pools and a hammam – has been designed with indulgence in mind. In this blissful ambience, an expert team of therapists draw on a mix of modern and

ancient healing traditions to rejuvenate and pamper guests. Hand-crafted as a modern Egyptian spa oasis, treatments and massages have their roots grounded in oriental techniques, refined and tailored to suit guests' individual needs.

Casa Cook also boasts an open air Yoga Shala. Nestled in a shaded courtyard, guests are sheltered from the heat but still connected to the surrounding nature – with gentle breeze and birdsong accompanying the daily group and private sessions offered by in-house yoga teachers. For those who prefer to find their zen with a climbing heart-rate, the fully equipped gym will become their sanctuary. Each piece of wooden exercise equipment – including rowing machines, a water grinder and slim beam – is handcrafted to ensure consistent quality and constant progress during training.

Casa Cook Hotel  
► [www.casacook.com](http://www.casacook.com)



**REVIVE & RESTORE**

Products that will leave you feeling and looking your best



**Natural Face Oil**  
£20.50 / €24 / \$25.00

Angela Langford

► [www.angelalangford.com](http://www.angelalangford.com)



**Textured Ceramic Electronic Diffuser**

£94 / €110 / \$118

The White Company

► [www.thewhitecompany.com](http://www.thewhitecompany.com)



**Reed Diffusers**

£65 / €76 / \$82 per diffuser

Miller Harris

► [www.millerharris.com](http://www.millerharris.com)



**The Sleep Ritual**

Bath Oil, Bath Salts & Pillow Mist

£91 / €78 / \$97

Olivum

► [uk.olivum.com](http://uk.olivum.com)



**Argentario Golf & Wellness Resort**

Located in Porto Ercole, Italy, Argentario Golf & Wellness Resort, formerly known as the Argentario Golf Resort & Spa, is well known for the quality of its championship golf course.

The resort now wants to highlight its wide range of on-site services and amenities that help promote a healthy body and mind through good diet and regular exercise whilst at the same time relaxing in the stylish, well-appointed hotel that is set in the midst of 77 hectares of natural Mediterranean terrain.

The Resort's extensive, well-equipped 2,700m<sup>2</sup> spa boasts a fitness centre with Technogym equipment, bio-sauna with chromotherapy, Kneipp circuit, heated indoor swimming pool with saline water, six massage cabins and tanning showers in which to tone and indulge whilst the Espace Wellness Centre focuses on relaxation and pampering with its many massage and treatment rooms.

Argentario Golf & Wellness Resort

► [www.argentarioresort.it](http://www.argentarioresort.it)



**One&Only Palmilla**

The stunning One&Only Palmilla resort is located on Punta Palmilla, one of the most beautiful oceanfront areas in Los Cabos on the Baja Peninsula. Here, azure waters greet the mountainous desert, and the Pacific Ocean merges with the Sea of Cortez. The resort and spa maintain the classic Mexican ambience, which has made it a favourite among an international 'who's who' since its original opening in 1956.

Unwind, rejuvenate and refresh with the comprehensive wellness, fitness and ESPA spa experiences in Los Cabos. Enjoy an outdoor oceanside massage in a private cabana as you listen to the gentle sounds of swaying palms and crashing waves around you. Soak in the serenity and rise with a sense of renewal. Or opt for a relaxing wellness escape in the comfort of your own accommodations and feel tranquility wash over as you surrender to total relaxation.

One&Only Palmilla

► [www.oneandonlybrand.com](http://www.oneandonlybrand.com)





## Billionaire Resort & Retreat

If you are looking for the "Jewel in the Crown" along the northern Kenyan coastline, look no further than the newly opened Billionaire Resort and Retreat in Malindi, which encompasses the Lion in the Sun, hugging the coastline of the pristine white beaches and azure waters of the Indian Ocean, opened in January 2022. Here you will find classic Kenyan culture mixed with refined modernity. This dreamlike retreat and vibrant resort provides an escape into a singular and inspirational experience in a total of 40 rooms. The spa serves as the ultimate magnet for those who wish to embark on a journey of transformation and bliss. Guests will find an elegant and worldly environment that fuses the highest standards of service, in a safe and welcoming atmosphere, with the tranquil

essence of the East African coast in a resort like no other.

The 24 ultra-lush modern seafront apartments with spacious private terraces are complete with the finest finishing and amenities. Exquisite service, an infinity pool nestled amidst manicured private gardens, stunning beach cabanas with the most spectacular ocean vistas, all form part of the resort. Transport yourself into a magnetic environment where throughout the day and into the night, you feel surrounded by the high energy and vibrant atmosphere which the Billionaire brand is famous for. This is a place where guests can mingle and celebrate life through its signature experience of thrill and entertainment, be part of the most extraordinary experiences. ■■■



Billionaire Resort & Retreat  
► [www.billionaireresort.com](http://www.billionaireresort.com)