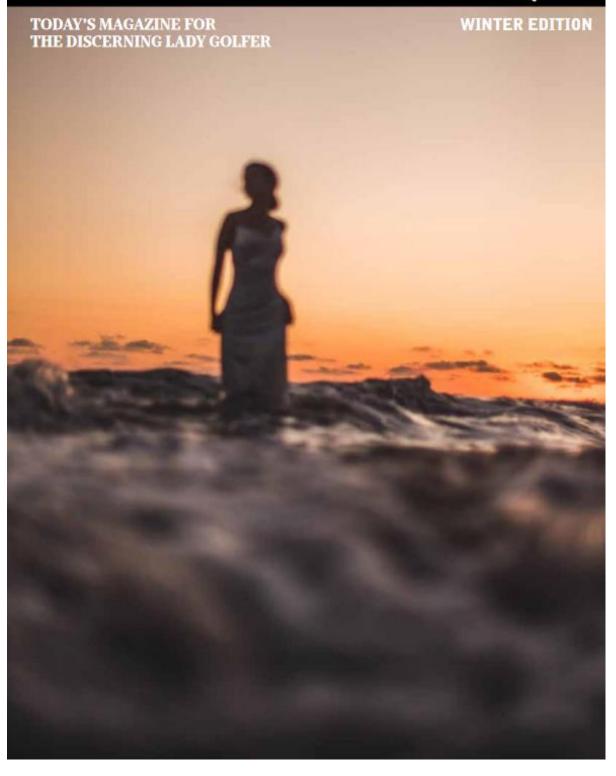
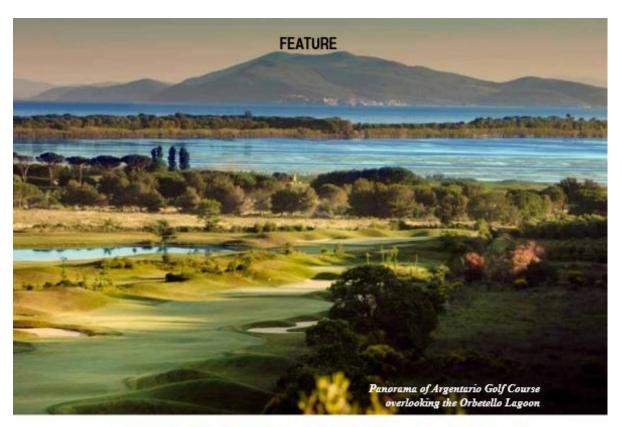
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ARGENTARIO GOLF RESORT & SPA,

Tuscany Golf & Lifestyle Feature

BY DAVID J NICHOLSON

rgentario Golf Resort & Spa is nestled in a verdant valley near Porto Ercole, Southern Tuscany, only 90 minutes away from Rome International Airport.

It is a luxury, environmentally-friendly 5 star resort with 73 luxury rooms, 5 independent villas, an 18-hole golf course, an extensive MediSPA, Espace Wellness Centre and Health Club, sporting facilities, the gourmet Dama Dama Restaurant and the Club House Restaurant.

The Argentario Golf Club features 18 panoramic holes and has the "BioAgriCert" certification for its eco-compatibility. The golf course, which was opened in 2006, was designed by architect David Mezzacane and the professional golfer Baldovino Dassù. The holes were subsequently shaped by Brian Jorgensen.

The Argentario Golf Club participates in Tuscany's "golf district" initiative, which allows for guests to play at special rates in the following golf courses: Golf Club Toscana, Punta Ala and Terme di Saturnia. These can be reached with less than a 2-hour trip from the Argentario

Testament to the quality of the course and the clubhouse, Argentario recently Joined The PGA's growing list of exceptional branded resorts as the 'PGA National Italy' and 'PGA Golf Course Italy'.

The Argentario Golf Villas are an exclusive collection of bespoke luxury villas, boast ground-breaking design and views of the lagoon, sea and golf course that blend seamlessly into the landscape. Owners benefit from a range of amenities and services offered by Argentario

FEATURE



Golf Resort & Spa, including 24-hour security, property management and a rental programme.

The 2,700 m2 MedtSPA includes a fitness center with Technogym equipment, bio-sauna, Kneipp circuit, heated indoor swimming pool, massage cabins and tanning beds, among many other services.

Recently Incorporating for guests is the 'Fitness Break' package from Euros 772.5 per person this Autumn that Includes working out with a Personal Trainer in the great outdoors and access to the Resort's range of sport and exercise facilities.

Outdoors, there are two tennis courts, two padel

courts, a small football pitch and two panoramic jogging trails around the estate.

The Espace Wellness Centre has a specialized nutrition spa, where guests can discover and experience the Wellbeing Method, a new concept of wellness centered on reaching a balanced and healthy physical and mental state. It involves food re-education and exclusive

Dama Dama Restaurant offers a contemporary interpretation of Tuscan and Mediterranean cuisine through healthy and tasty dishes that are prepared with local products. Some of the wholesome products come

directly from the resort's organic vegetable garden.

The Restaurants overlook panoramic terraces with views of the golf course, the Mediterranean vegetation, Orbetello Lagoon and the Gulf of Talamone. Or enjoy a post golf or pre dinner drink next to the impressive circular staircase in the Aper Bar.

There is a diverse range of activities to appreciate the tranquility & beauty of the region, these include: Relax at the world famous Mulino & Gorello Waterfalls at the Terme di Saturnia which can be enjoyed free of charge and are only a 1-hour drive away from the Argentario Resort Golf & Spa. Other free hot springs in Tuscany are: Terme Libere di Petriolo, San Filippo, Bagno Vignoni and San

